

SW Michigan Area Al-Anon Information Service (AIS)
Kalamazoo Alano Club, 933 S. Burdick St., Kalamazoo, MI 49001
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Website: https://www.swmichiganal-anon.org/

IMPORTANT NEWS AND EVENTS April 25, 2022

Recent Meeting Changes

Day and Time	Meeting	Status
Tuesday at 7:00 pm	Serenity AFG in Kalamazoo	Effective May 3, 2022 New Zoom information SW MI AIS Zoom ID# 826 6606 5207 Password CCC
Wednesday at 6:15 pm	Calhoun County AFG	Effective May 18, 2022 New Zoom information SW MI AIS Zoom ID# 826 6606 5207 Password CCC
Wednesday at 7:00 pm	Oshtemo Wednesday Night AFG	Effective May 4, 2022 New Zoom information Meeting ID: 830 3300 3735 Password: 524065

Upcoming Events

May 1 at 1 pm – SW Michigan AIS/District II Meeting

This is a business meeting for all the Al-Anon and Alateen groups in Southwest Michigan. SW Michigan AlS maintains the website, meeting list, phone, public relations, and other business functions. All Al-Anon and Alateen members are welcome to attend.

May 14 from 8:45 am–4 pm – Michigan AFG Convention on Zoom only; see <u>flyer</u> for additional information June 11 beginning at 9 am - Michigan AFG Spring Assembly in St. Louis, Michigan. All Al-Anon and Alateen members are welcome to attend.

Currents - District II Newsletter

We are proud to announce the addition of a quarterly newsletter for District II. Our sincere thanks to Tom B who committed to being the Newsletter Editor and creating our first edition of <u>Currents</u>. Tom welcomes questions, suggestions, and news for future newsletters at <u>swmich.alanon.news@gmail.com</u>. Please share the newsletter with Al-Anon/Alateen members.

New Service Positions Open

District Representative - Sandy C who has served as our District Representative for many years is willing to step down if a member within our District would like to become our District Representative. The District Representative is a vital link between our area and the Michigan AFG. We pride ourselves on being a team of

service volunteers who help one another in service. If you would like to learn more, see the WSO Al-Anon <u>Guideline G-37</u> or please email <u>SWMichiganAlAnon@gmail.com</u>.

GENERAL INFORMATION FOR SW MICHIGAN AL-ANON

SW Michigan Al-Anon Meetings	Google Drive	Service Opportunities
Acronyms and Alliterations	<u>Literature</u>	The Forum Magazine
<u>Alateen</u>	Michigan AFG	What is SW Michigan AIS?
Calendar of Events	Notes to Al-Anon Groups	World Service Office (WSO)

SW Michigan Al-Anon Meetings

It is our goal to keep the <u>local meeting list</u> current on the website and an <u>up-to-date pdf</u> on the Google Drive. We will attempt to update the Important News and Events page when we receive revised information for any of the local groups. If you have any questions about a meeting, including their Covid restrictions, or if you would like to speak with the contact person for any SW Michigan Al-Anon group, please contact us.

If you are interested in starting a meeting in your area, please contact us and we can work with our District Representative to determine feasibility. Al-Anon provides a <u>guideline</u> on how to start a new Al-Anon meeting.

Acronyms and Alliterations

Did you ever wonder what are WSO, 3 As, HALT, or ODAAT? We have created a list of common <u>Al-Anon acronyms</u> and <u>alliterations</u> to help you understand their meaning. If you know of any other ones, please let us know and we will add to the list.

Alateen

There is an Alateen meeting in our area that is meeting on Zoom on Sunday mornings at 11 am. If you would like information about this meeting or other Alateen information, please call 269-993-0589 or send an email to kzooAlateen@gmail.com.

Calendar of Events

Al-Anon and Alateen <u>Calendar of Events</u> is available on the Google Drive.

Google Drive

Southwest Michigan Al-Anon and Alateen provides up-to-date information about Al-Anon in Southwest Michigan on a Google Drive that is available upon request. Please email SWMichiganAlAnon@gmail.com to request access to the Google Drive.

Literature

Al-Anon and Alateen publish their own literature (CAL - Conference Approved Literature) to be used by individuals and in meetings. We try to keep common CAL available for sale at the Kalamazoo Alano Club on Burdick Street. A list of available literature, including digital literature, can be found at https://ecomm.al-anon.org/.

Michigan AFG

The updated Michigan AFG website (http://miafg.org/) and their Google Drive includes some useful information about Al-Anon in Michigan.

Serenity Sentinel (semi-annual newsletter): https://miafg.org/resources
State Convention on May 14, 2022, from 8:45 am – 4:00 pm on Zoom only; see flyer for additional information

Notes to Al-Anon Groups

If your group has any changes to their meeting, please contact us ASAP so we can ensure that the meeting list and contact information is correct. SW Michigan AIS greatly appreciates donations from our local groups to help fund the website, phone line, public relations, and other Al-Anon activities in Southwest Michigan.

Service Opportunities

"Service helps me stretch my boundaries. Taking risks helps me grow, and Al-Anon is a safe place to do just that: take a risk and grow." When I Got Busy, I Got Better, p. 18

If you are interested in any of the following service opportunities or want additional information, please email SWMichiganAlAnon@gmail.com. We also welcome individuals to find someone to share service positions.

Al-Anon Phone - SW Michigan AlS seeks volunteers to manage the SW Michigan Al-Anon phone line. This is an easy service position that typically just requires a few minutes a month, but is essential service to those who need to learn about Al-Anon. Please read the Phone Line.pdf for more information.

Alateen Sponsors - To provide Alateen in SW Michigan, we are required to have two Al-Anon members who have been active Al-Anon members for at least two years to attend every Alateen meeting. We need a few more Alateen sponsors who are willing to attend the Alateen Zoom meeting at 11 am on Sundays. To learn more, please read the Alateen flyer and Alateen Sponsor.pdf, call 269-993-0589 or send an email to kzooAlateen@gmail.com.

District Representative - Per the Al-Anon <u>Guideline G-37</u>, the requirements for being a District Representative are "Any incoming, outgoing, or active past Al-Anon or Alateen Group Representative (GR) who is willing to represent the District at AWSC meetings and Area Assembly meetings, and who is not also a member of A.A., is eligible to serve as DR. A DR should have basic knowledge of Al-Anon and Alateen Traditions and the Concepts of Service, and how to apply them in the links of service. See the "World Service Handbook" section of the Al-Anon/Alateen Service Manual (P-24/27). The GRs in the District elect the DR. The DR assists the Delegate in passing on information about World Service Office (WSO) activities and World Service Conference (WSC) decisions to the GRs in the District."

Kalamazoo County Drug Treatment Court Family Orientation - SW Michigan Als/District 2 needs volunteers to share for 5-15 minutes about what Al-Anon means to them on the third Tuesday of the month at 6 pm at the Kalamazoo County Drug Treatment Court Family Orientation. We would like to offer a special thanks to Amy H for serving as coordinator for the monthly volunteers for the last few years and for Cory W for stepping up to be the new coordinator. Please read the Drug Treatment Court Program.pdf for more information.

Public Relations - Jennifer S, our Public Relations Coordinator, has the <u>Al-Anon Faces Alcoholism magazine</u> that can be given to area professionals. If you know of any therapists, counselors or other professionals in

our area who might be receptive to receiving this magazine so they can learn about the Al-Anon and Alateen programs, please email Jennifer S at SWMichiganAlAnon@gmail.com.

The Forum Magazine

The Forum is an international monthly magazine that is published by the Al-Anon Family Groups. Each month covers a range of topics such as: steps, slogans, personal stories, and readings for Alateen. The Forum is available in printed or digital format for \$11/year and a few of the monthly articles are available online. For more information, visit The Forum page on Al-Anon.org.

What is SW Michigan AIS?

The SW Michigan Al-Anon Information Service (AIS) is responsible for website, meeting list, phone service, community relations, newsletter, Al-Anon and Alateen literature available for purchase at the Alano Club in Kalamazoo, and other services to help the groups and members within our area. We support the meetings in Battle Creek, Centreville, Coldwater, Kalamazoo, Niles, New Buffalo, Otsego, Paw Paw, Portage, Richland, and Stevensville. If you have questions or concerns about Al-Anon or Alateen in Southwest Michigan, please reach out to us.

World Service Office (WSO)

The World Service Office (WSO) is the international headquarters of Al-Anon and Alateen. There is a wealth of Al-Anon and Alateen information available on their website at <u>Al-Anon.org</u>.