



# Al-Anon and Alateen Family Groups

Together We Share Strength and Hope

Al-Anon Southwest Michigan [www.SWMichiganAl-Anon.org](http://www.SWMichiganAl-Anon.org) p Al-Anon Family Groups World Service Office [www.Al-Anon.org](http://www.Al-Anon.org)

## An Open Letter To The Student Assistance Professional

Dear Friend,

You may come in contact with students who are affected by someone else's drinking. Frequently students do not realize that their relationship to an alcoholic could be a factor in their problems. If you know or suspect that a person may be suffering from someone else's drinking, we urge you to suggest Alateen as part of your Assistance Program.

Alateen is for young people whose lives have been affected by someone's drinking. Young people in Alateen meet to discuss their common problems, exchange experiences, and support and encourage each other. They help one another learn effective ways of coping with their own personal problems and they find that applying the Al-Anon and Alateen principles can help them in their daily lives.

Alateen is a part of Al-Anon, and has an adult Al-Anon member present to actively sponsor each meeting. There are no dues or fees for membership and no appointments are required.

### How Can You Help?

- Visit the Al-Anon and Alateen World Service website at [www.al-anon.org](http://www.al-anon.org). Al-Anon Family Groups offer a variety of resources designed to assist professionals.
- Suggest to your students and their families that they visit our local Al-Anon and Alateen website at [www.SWMichiganAl-Anon.org](http://www.SWMichiganAl-Anon.org) for a schedule of local meetings, or call our 24-hour message service at 269-993-0589.
- Place a small informational notice about Al-Anon and Alateen services in your school publications. For example:

**Are you troubled by someone's drinking? Al-Anon and Alateen is a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. For meetings in your area visit [www.SWMichiganAl-Anon.org](http://www.SWMichiganAl-Anon.org) or call the 24-hour message service at 269-993-0598 and leave a private message. An Al-Anon member will return your call.**

If you would like additional information please visit our above website or email us at [SWMichiganAlAnon@gmail.com](mailto:SWMichiganAlAnon@gmail.com) or call our 24-hour Al-Anon message service at 269-993-0589.

**Thank you, Southwest Michigan Area Al-Anon and Alateen Public Outreach Committee**

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**Al-Anon and Alateen Family Groups:** Are you troubled by someone's drinking? Al-Anon and Alateen are fellowships of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems.  
For information or meetings in Southwest Michigan, visit [www.SWMichiganAl-Anon.org](http://www.SWMichiganAl-Anon.org), call a 24-hour Al-Anon answering service at 269-993-0589, email [SWMichiganAlAnon@gmail.com](mailto:SWMichiganAlAnon@gmail.com) or write Al-Anon, c/o Kalamazoo Alano Club, 933 S. Burdick Street, Kalamazoo, MI 49001.